

APS NUT AWARE POLICY

Context:

At the Alberton Primary School we believe that all children have the right to develop to their full potential in an environment which provides for their health and wellbeing. Good nutrition is essential to healthy living and enables children to be active participants in play and leisure. Childhood is an important time for establishing lifelong, healthy eating habits that benefit children in three ways:

1. Short term: maximises growth, development, activity levels and good health
2. Long term: minimises the risk of diet related diseases later in life
3. Good nutrition contributes to good health and wellbeing which is vital for engagement in learning.

Alberton Primary School promotes safe, healthy eating habits in line with the **Right Bite Healthy Food and Drink Supply Strategy for South Australian Schools and Preschools**, and relates to the DECD Wellbeing Strategy.

Purpose:

To raise awareness regarding severe allergies and to provide a safe learning environment for all members of the Alberton Primary School community.

The Nut Aware Policy will be managed by:

- Parents and caregivers being encouraged **NOT** to send food to school that contain nuts. This includes peanut paste, nutella, all nuts and cooking oil containing peanut oil
- Students being encouraged **NOT** to share food
- Students being encouraged to wash hands after eating
- Staff supervising eating at lunchtime
- Staff being made aware of students and staff who have anaphylactic responses, including nut allergies.
- Staff participating in first aid training in understanding and dealing with Anaphylaxis (severe allergic reactions)
- School lunch providers complying with the Nut Awareness Policy.
- Parents and caregivers being encouraged **NOT** to send boxes that have previously contained nut products, e.g. cereal boxes, muesli bars with nuts, cake boxes, biscuits etc.
- Staff **NOT** to use nuts or nut products in any preschool or school cooking program or within the Breakfast Club program.

The policy will be promoted by:

- Parents and caregivers being informed via the newsletter at the commencement of each school year
- New families to the school community being informed via the Enrolment Information Package
- Staff being reminded of their duty of care and provided with training opportunities
- Students being informed via teachers and the newsletter where the policy is applicable

MANAGEMENT OF STUDENTS WITH NUT ALLERGIES:

Students who have been identified by a doctor as having anaphylaxis as a result of a nut allergy are required to have a completed **Health Care Plan**, The Health Care Plan will be displayed in or provided to:

- Class Teacher (and support staff), along with all Specialist Teachers
- Relief Teachers via TRT Folders - clearly identified in red at the front of the folder
- Yard duty bags contain a photo of the child and instructions of what to do when a reaction occurs
- Staff Room (medical display board with student photos)

MANAGEMENT OF MEDICATION:

EpiPens are stored in the front office under each child's name. They are checked at the end of the year to ensure they have not expired. EpiPens are also located in Cafe cupboard (Junior & Adult/Child), Nest (Junior) & Office (Junior & Adult/Child).

All staff are trained in First Aid and Front Office staff are trained in Senior First Aid.

Staffroom, Cafe, New Street Office & Nest have a medical display board with student names and photos

This school acknowledges that due to food processing practices it is impractical to eliminate nuts or nut products entirely from an environment where there is food. Many food packaging labels include the phrase 'may contain traces of nuts'. Foods with packaging labels that contain the phrase 'may contain traces of nuts' are acceptable, unless otherwise communicated within a learning community or specific classroom.