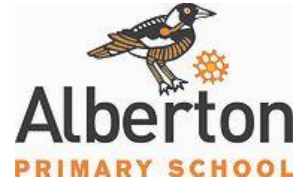




# Sun protection



## National Quality Standard 2.3.2

### Regulation 168(2)(a)

#### Purpose

All department school sites and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above (as indicated on BOM).

Sites must inform the preschool community including employees, students, parents and volunteers of the sun protection policy. Children and young people are encouraged to be responsible for their own sun protection.

#### Sun protection

The Nest uses a combination of sun protection measures for all outdoor activities on and off site **during terms 1, 3 and 4** including:

#### Clothing

Sun smart clothing is included in the school uniform/dress code. School clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves.

#### Sunscreen

The Nest supplies SPF 30 or higher broad spectrum, water resistant sunscreen for staff and students' use. If a child requires a specific or alternative sunscreen families are requested to provide this and staff will ensure children can access to apply at preschool.

Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors.

Strategies are in place to remind students to apply sunscreen before going outdoors. This is incorporated into daily routines and educators support this process through verbal prompts, provision of mirrors, support with applying as needed.

Sunscreen is to be applied by parents prior to arrival at preschool in Terms 1 and 4

#### Hats

All students and staff are required to wear hats that protect their face, neck and ears (e.g. legionnaire, broad brimmed or bucket hats) whenever they are outside. Baseball or peak caps are not acceptable.

In accordance with the Cancer Council Sun Smart Policy, children and educators will wear hats and sunscreen when the UV is 3 and above and at all times when outdoors in terms 1 and 4.

Student who do not have a hat will be provided a spare hat (if available) or to play in areas protected by then sun (e.g. inside/undercover/shade)

## **Shade**

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible.

Students are encouraged to use available areas of shade when outside.

Students who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun.

## **Curriculum**

Programs on skin cancer prevention are included in the curriculum for all year levels.

Sun Smart behaviour is regularly reinforced and promoted to the whole school community.

## **6. MONITORING, EVALUATION AND REVIEW**

**Implementation:** All Educators

**Monitoring:** Dan Jarrad, Principal

**Review Date:** August 2024

**Next review due:** August 2025

**Endorsed by Governing Council:** 10/9/24

### **ASSOCIATED DOCUMENTS**

Cancer Council Australia

For additional information available: <http://cancer.org.au/>